# Characterization of cutoff for reversible Markov chains Yuval Peres

Joint work with Riddhi Basu and Jonathan Hermon

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- Transition matrix P (reversible).
- Stationary dist.  $\pi$ .
- Reversibility:  $\pi(x)P(x,y) = \pi(y)P(y,x), \forall x, y \in \Omega$ .
- Laziness  $P(x, x) \ge 1/2, \forall x \in \Omega$ .

## TV distance

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• For any 2 dist.  $\mu$ ,  $\nu$  on  $\Omega$ , their *total-variation distance* is:

$$\|\mu - \nu\|_{\mathrm{TV}} \stackrel{d}{=} \max_{A \subset \Omega} \mu(A) - \nu(A) \; .$$

$$d(t,x) \stackrel{d}{=} \|\mathbf{P}_x^t - \pi\|_{\mathrm{TV}}, \quad d(t) \stackrel{d}{=} \max_{x \in \Omega} d(t,x).$$

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$$t_{\min}(\epsilon) \stackrel{d}{=} \min \left\{ t : d(t) \le \epsilon \right\}$$

$$t_{\rm mix} \stackrel{d}{=} t_{\rm mix}(1/4).$$

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# • Def: a sequence of MCs $(X_t^{(n)})$ exhibits *cutoff* if

$$t_{\min}^{(n)}(\epsilon) - t_{\min}^{(n)}(1-\epsilon) = o(t_{\min}^{(n)}), \,\forall \, 0 < \epsilon < 1/4.$$
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•  $(w_n)$  is called a *cutoff window* for  $(X_t^{(n)})$  if:  $w_n = o\left(t_{\min}^{(n)}\right)$ , and

$$t_{\min}^{(n)}(\epsilon) - t_{\min}^{(n)}(1-\epsilon) \le c_{\epsilon} w_n, \, \forall n \ge 1, \forall \epsilon \in (0, 1/4).$$

Cutoff



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- The name cutoff was coined by Aldous and Diaconis in their seminal 86 paper.
- Aldous & Diaconis 86 "the most interesting open problem": Find verifiable conditions for cutoff.

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## Spectral gap & relaxation-time

- Let  $\lambda_2$  be the largest non-trivial e.v. of P.
- Definition:  $gap = 1 \lambda_2$  the spectral gap.
- Def:  $t_{\rm rel} := gap^{-1}$  the *relaxation-time*.

## The product condition (Prod. cond.)

- In a 2004 Aim workshop I proposed that *The product condition (Prod. Cond.)*  $gap^{(n)}t_{mix}^{(n)} \rightarrow \infty$  (equivalently,  $t_{rel}^{(n)} = o(t_{mix}^{(n)})$ ) should imply cutoff for "nice" reversible chains.
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- (It is a necessary condition for cutoff)
- It is not always sufficient examples due to Aldous and Pak.
- Problem: Find families of MCs s.t. Prod. Cond. ⇒ cutoff.

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Aldous' example

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Figure : Fixed bias to the right conditioned on a non-lazy step.

Different laziness probabilities along the 2 paths.

• 
$$t_{rel}^{(n)} = O(1)$$
.  
•  $d_n(t) \sim P_x[T_y > t] \Longrightarrow \epsilon \le d_n(130n) \le d_n(128n) \le 1 - \epsilon$ , for some  $\epsilon$ .  $\bullet \in \mathcal{A}_{rel}$ 

# Aldous' example



## Hitting and Mixing

• Def: The hitting time of a set  $A \subset \Omega = T_A := \min\{t : X_t \in A\}.$ 

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- Hitting times of "worst" sets are related to mixing mid 80's (Aldous).
- Refined independently by Oliviera (2011) and Peres-Sousi (2011) (case  $\alpha = 1/2$  due to Griffiths-Kang-Oliviera-Patel 2012): for any irreducible reversible lazy MC and  $0 < \alpha \le 1/2$ :

$$t_{\rm H}(\alpha) = \Theta_{\alpha}(t_{\rm mix}), \text{ where } t_{\rm H}(\alpha) := \max_{x,A: \ \pi(A) \ge \alpha} \mathbb{E}_x[T_A].$$
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(2)

- We relate d(t) and  $\max_{x,A: \pi(A) \ge \alpha} P_x[T_A > t]$  and refine (2) by also allowing  $1/2 < \alpha \le 1 \exp[-Ct_{\min}/t_{rel}]$  and improving  $\Theta_{\alpha}$  to  $\Theta$ .
- Remark: (2) may fail for  $\alpha > 1/2$ .

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## counter-example



Figure : n is the index of the chain

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• Concentration of hitting times of "worst" sets is related to cutoff in birth and death (**BD**) chains.

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- Diaconis & Saloff-Coste (06) (separation cutoff) and Ding-Lubetzky-Peres (10) (TV cutoff):

A seq. of BD chains exhibits cutoff iff the Prod. Cond. holds.

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A seq. of BD chains exhibits cutoff iff the Prod. Cond. holds.

• We extend their results to weighted nearest-neighbor RWs on trees.

#### Theorem

Let  $(V, P, \pi)$  be a lazy Markov chain on a tree T = (V, E) with  $|V| \ge 3$ . Then

 $t_{\min}(\epsilon) - t_{\min}(1-\epsilon) \le C\sqrt{|\log \epsilon| t_{\mathrm{rel}} t_{\min}}$ , for any  $0 < \epsilon \le 1/4$ .

In particular, the Prod. Cond. implies cutoff with a cutoff window  $w_n = \sqrt{t_{\text{rel}}^{(n)} t_{\text{mix}}^{(n)}}$  and  $c_{\epsilon} = C\sqrt{|\log \epsilon|}$ .

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• Ding Lubetzky Peres (10) - For BD chains  $t_{\min}(\epsilon) - t_{\min}(1-\epsilon) \le O(\epsilon^{-1}\sqrt{t_{rel}t_{\min}})$ and in some cases  $w_n = \Omega\left(\sqrt{t_{rel}^{(n)}t_{\min}^{(n)}}\right)$ .

### To mix - escape and then relax

• Definition:  $hit_{\alpha} := hit_{\alpha}(1/4)$ , where

$$\begin{split} \operatorname{hit}_{\alpha,x}(\epsilon) &:= \min\{t : \operatorname{P}_x[T_A > t] \leq \epsilon : \text{for all } A \subset \Omega \text{ s.t. } \pi(A) \geq \alpha\}, \\ \operatorname{hit}_{\alpha}(\epsilon) &:= \max_{x \in \Omega} \operatorname{hit}_{\alpha,x}(\epsilon) \end{split}$$

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- Easy direction: to mix, the chain must first escape from small sets = "first stage of mixing".
- Loosely speaking we show that in the 2nd "stage of mixing", the chain mixes at the fastest possible rate (governed by its relaxation-time).

• Fact: Let  $A \subset \Omega$  be such that  $\pi(A) \ge 1/2$ . Then (under reversibility)

$$P_{\pi}[T_A > 2st_{rel}] \le \frac{e^{-s}}{2}$$
, for all  $s \ge 0$ .

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By a coupling argument,

$$P_x[T_A > t + 2st_{rel}] \le d(t) + P_\pi[T_A > 2st_{rel}].$$

For any reversible irreducible finite lazy chain and any  $0 < \epsilon \le 1/4$ ,

 $\operatorname{hit}_{1/2}(3\epsilon) - t_{\operatorname{rel}}|\log(2\epsilon)| \leq t_{\min}(2\epsilon) \leq \operatorname{hit}_{1/2}(\epsilon) + t_{\operatorname{rel}}|\log(4\epsilon)|$ 

• Terms involving  $t_{\rm rel}$  are negligible under the Prod. Cond..

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- Terms involving  $t_{\rm rel}$  are negligible under the Prod. Cond..
- A similar two sided inequality holds for  $t_{mix}(1-2\epsilon)$ .

### Main abstract result

Definition: A sequence has  $hit_{\alpha}$ -cutoff if

 $\operatorname{hit}_{\alpha}^{(n)}(\epsilon) - \operatorname{hit}_{\alpha}^{(n)}(1-\epsilon) = o(\operatorname{hit}_{\alpha}^{(n)}) \text{ for all } 0 < \epsilon < 1/4.$ 

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Main abstract result:

#### Theorem

Let  $(\Omega_n, P_n, \pi_n)$  be a seq. of finite reversible lazy MCs. Then TFAE:

- The seq. exhibits cutoff.
- The seq. exhibits a  $hit_{\alpha}$ -cutoff for some  $\alpha \in (0, 1/2)$ .
- The seq. exhibits a  $hit_{\alpha}$ -cutoff for some  $\alpha \in [1/2, 1)$  and the Prod. Cond. holds.

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For general  $\alpha$  we show under the Prod. Cond. (using the tail decay of  $T_A/t_{\rm rel}$  when  $X_0 \sim \pi$ ):

 $\operatorname{hit}_{\alpha}\operatorname{-cutoff}$  for some  $\alpha \in (0,1) \Longrightarrow \operatorname{hit}_{\beta}\operatorname{-cutoff}$  for all  $\beta \in (0,1)$ .

• Def: For 
$$f \in \mathbb{R}^{\Omega}$$
,  $t \ge 0$ , define  $P^t f \in \mathbb{R}^{\Omega}$  by  $P^t f(x) := \mathbb{E}_x[f(X_t)] = \sum_y P^t(x,y)f(y).$ 

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• For 
$$f \in \mathbb{R}^{\Omega}$$
 define  $\mathbb{E}_{\pi}[f] := \sum_{x \in \Omega} \pi(x) f(x)$  and  $\|f\|_{2}^{2} := \mathbb{E}_{\pi}[f^{2}]$ .

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The following is well-known and follows from elementary linear-algebra.

#### Lemma (Contraction Lemma)

Let  $(\Omega, P, \pi)$  be a finite rev. irr. lazy MC. Let  $A \subset \Omega$ . Let  $t \ge 0$ . Then

$$\operatorname{Var}_{\pi} P^{t} 1_{A} \leq e^{-2t/t_{\operatorname{rel}}}.$$
(3)

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The main ingredient in our approach is Starr's maximal-inequality (66) (refines Stein's max-inequality (61))

Theorem (Maximal inequality)

Let  $(\Omega, P, \pi)$  be a lazy irreducible reversible Markov chain. Let  $f \in \mathbb{R}^{\Omega}$ . Define the corresponding maximal function  $f^* \in \mathbb{R}^{\Omega}$  as

$$f^*(x) := \sup_{0 \le k < \infty} |P^k(f)(x)| = \sup_{0 \le k < \infty} |E_x[f(X_k)]|.$$

Then for 1 ,

$$\|f^*\|_p \le q\|f\|_p \qquad 1/p + 1/q = 1$$
(4)

Goal: want for every  $A \subset \Omega$  to have  $G = G_s(A) \subset \Omega$  s.t.  $T_G \leq t$  serves as a certificate of "being  $\epsilon$ -mixed w.r.t. A" and to control its  $\pi$  measure from below.

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• Let 
$$\sigma_s := e^{-s/t_{\rm rel}} \ge \sqrt{\operatorname{Var}_{\pi} P^s \mathbf{1}_A}$$
 (contraction lemma).

Consider

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Claim

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*Proof:* Set  $f_s := P^s(1_A - \pi(A))$ . Then

$$G^c \subset \{f_s^* > 4 \| f_s \|_2\}$$
.

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Apply Starr's inequality.

Joint work with Riddhi Basu and Jonathan Hermon Characterization of cutoff for reversible Markov chains

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Claim:

$$t_{\min}(2\epsilon) \le \operatorname{hit}_{1/2}(\epsilon) + t_{\operatorname{rel}} \times \log(4/\epsilon).$$

• Proof: Recall

$$G := G_s(A, m) := \left\{ g : \forall \tilde{s} \ge s, |\mathbf{P}_g^{\tilde{s}}(A) - \pi(A)| \le \epsilon \right\}, \, s := t_{\mathrm{rel}} \times \log(4/\epsilon)$$

• Set  $t := hit_{1/2}(\epsilon)$ . By prev. claim  $\pi(G) \ge 1/2 \Longrightarrow P_x[T_G > t] \le \epsilon$  (by def. of t).

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• For any x, A:

$$|\mathbf{P}_x^{t+s}(A) - \pi(A)| \le \mathbf{P}_x[T_G > t] + \max_{g \in G, \tilde{s} \ge s} |\mathbf{P}_g^{\tilde{s}}(A) - \pi(A)| \le 2\epsilon.$$

- Let: T := (V, E) be a finite tree.
- (V, P, π) a lazy MC corresponding to some (lazy) weighted nearest-neighbor walk on T (i.e. P(x, y) > 0 iff {x, y} ∈ E or y = x).
- Fact: (Kolmogorov's cycle condition) every MC on a tree is reversible.

• Can the tree structure be used to determine the identity of the "worst" sets?

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- Can the tree structure be used to determine the identity of the "worst" sets?
- Easier question: what set of  $\pi$  measure  $\geq 1/2$  is the "hardest" to hit in a birth & death chain with state space  $[n] := \{1, 2, ..., n\}$ ?

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- Can the tree structure be used to determine the identity of the "worst" sets?
- Easier question: what set of π measure ≥ 1/2 is the "hardest" to hit in a birth & death chain with state space [n] := {1, 2, ..., n} ?
- Answer: take a state m with  $\pi([m]) \ge 1/2$  and  $\pi([m-1]) < 1/2$ . Then the set worst set would be either [m] or  $[n] \setminus [m-1]$ .



How to generalize this to trees?

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## Central vertex



Figure : A vertex  $o \in V$  is called a *central-vertex* if each connected component of  $T \setminus \{o\}$  has stationary probability at most 1/2.

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• There is always a central-vertex (and at most 2). We fix one, denote it by *o* and call it the **root**.

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- There is always a central-vertex (and at most 2). We fix one, denote it by *o* and call it the **root**.
- It follows from our analysis that for trees the Prod. Cond. holds iff  $T_o$  is concentrated (from worst leaf).
- A counterintuitive result  $\implies \exists$  such unweighed trees (Peres-Sousi (13)).

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Figure : Hitting the worst set is roughly like hitting o.

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- Cutoff would follow if we show that  $T_o$  is concentrated (under the Prod. Cond.).
- More precisely, we need to show that  $\mathbb{E}_x[T_o] = \Omega(t_{\min}) \Longrightarrow T_{y_\beta(x)}$  is concentrated if  $X_0 = x$ .

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Figure : Let  $v_0 = x, v_1, \ldots, v_k = o$  be the vertices along the path from x to o.

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Proof of Concentration:  $\operatorname{Var}_{x}[T_{o}] \leq Ct_{\operatorname{rel}}t_{\operatorname{mix}}$ :

• It suffices to show that  $\operatorname{Var}_{x}[T_{o}] \leq 4t_{\operatorname{rel}}\mathbb{E}_{x}[T_{o}].$ 

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- $\tau_1, \ldots, \tau_k$  are independent  $\Longrightarrow$  it suffices to bound the sum of their 2nd moments  $\operatorname{Var}_x[T_o] = \sum \operatorname{Var}_x[\tau_i] = \sum \operatorname{Var}_{v_{i-1}}[T_{v_i}] \leq \sum \mathbb{E}_{v_{i-1}}[T_{v_i}^2].$

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- Denote the subtree rooted at v (the set of vertices whose path to o goes through v) by  $W_v$ . For  $A \subset \Omega$  let  $\pi_A$  be  $\pi$  conditioned on A.
- Kac formula implies that for any A, there exists a dist.  $\mu$  on the external vertex boundary of A s.t.  $E_{\mu}[T_A^2] \leq 2E_{\mu}[T_A]E_{\pi_{A^c}}[T_A] \Longrightarrow$
- By the tree structure  $E_{v_{i-1}}[T_{v_i}^2] \le 2E_{v_{i-1}}[T_{v_i}]E_{\pi_{W_{v_{i-1}}}}[T_{v_i}].$
- Not hard to show  $\mathbb{E}_{\pi_{W_{v_{i-1}}}}[T_{v_i}] \leq 2t_{\mathrm{rel}}$  (generally  $\pi(A^c)\mathbb{E}_{\pi_{A^c}}[T_A] \leq t_{\mathrm{rel}}$ ) so

$$\sum \mathbf{E}_{v_{i-1}}[T_{v_i}^2] \leq \sum 4t_{\mathrm{rel}} \mathbf{E}_{v_{i-1}}[T_{v_i}] = 4t_{\mathrm{rel}} \mathbb{E}_x[T_o]. \quad \Box$$

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• The tree assumption can be relaxed. In particular, we can treat jumps to vertices of bounded distance on a tree (i.e. the length of the path from u to v in the tree (which is now just an auxiliary structure) is  $> r \implies P(u, v) = 0$ ) under some mild necessary assumption.

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- Previously the BD assumption could not be relaxed mainly due to it being exploited via a representation of hitting times result for BD chains.
- In particular, if  $P(u, v) \ge \delta > 0$  for all u, v s.t.  $d_T(u, v) \le r$  (and otherwise P(u, v) = 0), then

 $\mathsf{cutoff} \Longleftrightarrow \mathsf{the} \mathsf{Prod.} \mathsf{Cond.} \mathsf{ holds.}$ 

#### Last remark:

- Previously "good expansion of small sets can improve mixing".
- Now know considering expansion only of small sets and  $t_{\rm rel}$  suffices to bound  $t_{\rm mix}!$

$$t_{\min}(\epsilon) \leq \operatorname{hit}_{1-\epsilon/4}(3\epsilon/4) + \frac{3t_{\operatorname{rel}}}{2}\log(4/\epsilon).$$

From which it follows that

$$t_{\min} \leq 5 \max_{\substack{x,A:\pi(A) \geq 1-\epsilon/4}} \mathbb{E}_x[T_A] + \frac{3t_{\mathrm{rel}}}{2} \log\left(4/\epsilon\right).$$

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- In practice, we can take  $\epsilon = \exp[-ct_{\rm mix}/t_{\rm rel}]$  to determine  $t_{\rm mix}$  up to a constant.

• What can be said about the geometry of the "worst" sets in some interesting particular cases (say, transitivity or monotonicity)?

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- What can be said about the geometry of the "worst" sets in some interesting particular cases (say, transitivity or monotonicity)?
- When can the worst sets be described as  $\{|f_2| \le C\}$   $(Pf_2 = \lambda_2 f_2)$ ? (would imply several new cutoff results if true in certain cases)
- When can one relate escaping time from balls of  $\pi$ -measure  $\epsilon$  to escaping time from sets of  $\pi$ -measure  $\epsilon^{100}/100$ ?
- When can monotonicity w.r.t. a partial order (preserved by the chain) be used to describe the "worst" sets and their hitting time distributions?

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